

Immaculate Conception Connect Group

Lenten Food Drive

Benefiting the Self-Help Closet & Pantry of Des Plaines
(serving families since 1971 - selfhelppantry.org)

During this Lenten Season, we are once again accepting donations of non-perishable food items on behalf of the **Self-Help Closet & Pantry of Des Plaines** (please see attached list of preferred donations & items most in need.) These items must not be expired, so please be certain to check expiration dates prior to dropping off your donations! All food items must be in their original, factory-sealed containers.

To participate, please look for the **Big Red Bins** with the **Self-Help Closet & Pantry's** logo on them (as pictured below). They will be located in our Church Vestibule, Parish Office, Rectory Assembly, School Front Lobby and Parish Center Lobby.



Begins: Friday, March 10th

Ends: Friday, March 31st

We greatly appreciate all donations and we thank our entire IC Family in advance!



Preferred Donations

(Items Most In Need)

- Canned Main Dishes
- Vegetarian Items (Soups, Canned Goods, Pouches)
- Canned Beans (*Kidney, Pinto, Garbanzo, Baked*)
- Ready-To-Eat Soups (e.g. *Progresso, Campbell's Chunky*) & Condensed Soups (e.g. *Campbell's*)
- Canned Fruit
- Side Dishes In Boxes or Pouches (*Rice/Pasta Mixes, Mashed Potatoes*)
- Pancake Mixes
- Syrup in Plastic Bottles
- Boxes of Breakfast Cereal & Oatmeal Packets
- Oatmeal Canisters
- Packets of Ramen Noodles
- Flour
- Sugar
- Ground Coffee
- Black Tea
- Salt
- Pepper
- Nutritional Drinks (*Ensure & Boost*)
- Cooking Oil
- Vinegar

Additional questions? Please contact **Rob Lohman** via email at rob@lohmanlawgroupllc.com or call our Parish Office at 773.775.3833.

icchicago.org